



PROFESSIONAL DEVELOPMENT TRAINING CALENDAR

July - September 2024

YOUR ONE-STOP-SHOP FOR 2024 TRAINING
OPPORTUNITIES IN BROOME, CHENANGO,
AND TIOGA COUNTIES

SIGN UP HERE!



[Click here to sign up!](#)

FOR MORE INFORMATION CALL:

(607) 723-8313 ext. 829 or 1-800-281-8741

MEET OUR STAFF!

We are ready to meet your training needs with our knowledgeable and highly experienced trainers



LESLIE VERMAAT

Leslie first started working at the Family Enrichment Network when it was called the Broome County Child Development Council, as a School-Age Child Care Specialist. That was back in the days when many SACC programs were just getting started. Since then, she has changed her focus a bit, and has worked as an Early Childhood Trainer - teaching and training teachers and child care providers. Leslie is a NYS Certified Health and Safety Trainer for providers and child care centers. She also has been a Credentialed NYS Training and Technical Assistance Specialist since 2012. Leslie has a special interest in children's mental health and has been a Licensed Mental Health Counselor for over 10 years. Leslie and Ernie, her Sheltie, can be seen walking the woods near her house. She also enjoys reading, antiques, music, and getting together with her friends and family.



CATHY LEE

Cathy has been providing adult professional development training, wellness classes and CPR for most of her career. She has also had the opportunity to teach children in Head Start classes at Family Enrichment Network. Health and Wellness is her area of expertise and is a personal passion. Her background includes a Master's Degree in Public Administration from Penn State and certifications in Personal Training, Pilates and Group Exercise. She is certified through NYAEYC and ASPIRE as Content Specialist and through National CACFP as a CACFP Child Nutrition Professional. She also holds a certification in Early Childhood Outdoor Learning Environments from North Carolina State University. It is important to keep up with new developments in the field, so she is always increasing her knowledge by attending training programs sponsored by various organizations. It is her goal to continuously offer new, updated and enjoyable classes that will enhance and strengthen early childhood education.



CORTNEY NORNHOLD

Cortney has built her career around being an advocate for children and supporting families. Her vision is to foster children's love of learning, to encourage them to try new and exciting things, and to give them a solid foundation to build on. In 2013, Cortney received her degree in early childhood education. In 2022, She earned her T-TAP training credential and her PITC certification. In April of 2023, she became a Pyramid Model Master Cadre trainer. Cortney offers many different trainings throughout the year and teaches the CDA class. When she is not working, she loves to spend time with her three children. Her hobbies include hiking, painting, crocheting, jigsaw puzzles, and playing board games.

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RACHEL DOWD

Rachel graduated from Ithaca College in 2017 with a degree in psychology where she found a love for and interest in child development. She spent the first few years after college working at Racker Centers in Ithaca, honing her skills and developing a passion for special education and childcare, while also working as a coach for the Ithaca College women's crew team. Since then she has been working in special education programs and preschool programs while spending her free time coaching college and youth rowing. She is now a T-TAP credentialed trainer for FEN. When she's not at work Rachel enjoys hiking, exploring, and reading books ranging from cheesy romance to magical fantasy. She also loves spending time with her wonderful fiancé, Emily, and their three cats and five rats!



ALLIE DRAKE

Allie started at FEN October 2023. She has been in childcare for the last six years mainly working in UPK through both Vestal and Binghamton School district, but she also has experience with all ages. She found she had a passion working with children and decided to pursue her masters in developmental psychology with an ultimate goal in helping children. Allie loves learning new things as well as educating others. In her free time she loves spending time with her friends, board games are her go-to activity. She also loves spending time with her family, including their two-year-old Labrador retriever!

Child Care Resource Center Contact Information

607-723-8313

Leslie Vermaat: *Training and Technical Assistance Specialist* ljvermaat@familyenrichment.org x884

Cathy Lee: *Health and Wellness Coordinator* cjlee@familyenrichment.org x824

Cortney Nornhold: *Infant Toddler Specialist* cnornhold@familyenrichment.org x1187

Rachel Dowd: *Training and Coaching Specialist* rdowd@familyenrichment.org x894

Allie Drake: *Training and Coaching Specialist* adrake@familyenrichment.org x1620

Crystal Rozelle: *Child Care Specialist* crozelle@familyenrichment.org x829

Jennifer Perney: *Child Care Resource Center Director* jperney@familyenrichment.org x872

JULY TRAININGS

Training Title	Date	Location	OCFS Training Categories										
			1	2	3	4	5	6	7	8	9	10	
Rethinking Circle Time	7/2	Binghamton	X		X								
ACEs 201	7/13	Virtual	X		X								X
CPR/First Aid/ AED	7/15	Binghamton				X							
Addressing Challenging Behavior with Young Children	7/16	Norwich	X		X								
Introduction to Gardening in Early Care Settings and Optional CACFP Annual Review	7/16	Binghamton		X	X		X						
Provider Health and Safety Training	7/16, 7/18, 7/23	Johnson City	X		X								

Office of Children and Family Services (OCFS) Categories:

- 1 - Principles of Childhood Development
- 2 - Nutrition & Health Needs of Children
- 3 - Child Day Care Program Development
- 4 - Safety & Security Procedures
- 5 - Business Record Maintenance & Mgmt.
- 6 - Child Abuse & Maltreatment Identification/Prevention
- 7 - Statutes & Regulations Pertaining to Child Day Care
- 8 - Statutes & Regulations Pertaining to Child Abuse
- 9 - Education & Prevention of Shaken Baby Syndrome
- 10 - Adverse childhood experiences, trauma & resiliency

QUALITYstarsNY Categories:

- Child Observation and Assessment (COA 6 / COA8)
- Curriculum Planning & Implementation (CPI 6)
- Environmental Rating Scales (ERS) Training (HE 1 / CE1)
- Obesity Prevention Training (PH 6)
- Supporting English Language Learners (FIS 9 / FIS 10)

JULY TRAININGS

BROOME

Rethinking Circle Time Allie Drake

July 2 from 6:00PM to 8:00PM

Fayette St, Binghamton

Introducing new ideas of what circle time should look like. How long circle time should be, how to keep the children engaged. How to get children to listen better. Including fingerplays, movement, interactive activities. This training will also discuss how to include all children in circle time.

Cost: Free

OCFS Category: 1, 3

QSNY Category: CPI-6

CPR/First Aid/ AED Cathy Lee

July 15 from 5:30PM until complete

Fayette St, Binghamton

This is an instructor-led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario based video segments or slide presentation, followed by demonstration of skills and the opportunity for instructor facilitated student practice. CPR/AED and First Aid skills will be taught and practiced as they relate to adults, children and infants. Participants will be able to perform effective CPR, use an AED and be trained in basic first aid techniques. Space is limited.

Cost: \$80 per person or

EIP/Voice Scholarships

Group discounts are available

OCFS Category: 4

***Registration: MUST call to register

Introduction to Gardening in Early Care Settings and Optional CACFP

Annual Review Cathy Lee

July 16 from 6:00PM to 8:00PM

Fayette St, Binghamton

This session is designed to raise awareness of farms to early care and education, describe the benefits of on-site gardening, and explore concepts of food justice and food security. At the conclusion of this 1 hour training program, CACFP Annual Training will be offered to those who participate in the program. A separate certificate will be awarded specific to CACFP training to those who attend the CACFP portion of the program.

Cost: Free

OCFS Category: 2, 3, 5

Provider Health and Safety Training Allie Drake

July 16, 18, & 23 from 8:00AM to 2:00PM

Cherry St, Johnson City

3 Day Series: This competency based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based childcare. Successful completion is required for all new group and family child care providers prior to becoming licensed or registered, as well as existing providers who change location or modality. You must register with both SUNY PDP and FEN for this training.

Cost: \$250

OCFS Category: 1, 3

***Registration:

www.ecetp.pdp.albany.edu

JULY TRAININGS

CHENANGO

Addressing Challenging Behavior with Young Children Cortney Nornhold

July 16 from 6:00PM to 8:00PM

The Place, Norwich

Challenging behaviors can derail a perfectly planned day. This workshop will focus on how to look beyond the behavior. Participants will explore different ways to address challenging behaviors they may see in their program. They will explore tips and strategies that can lead to smoother days with young children.

Cost: Free

OCFS Category: 1, 3

VIRTUAL

ACEs 201 Rachel Dowd

July 13 from 9:00AM to 12:00PM

Zoom

This training aims to broaden the state's understanding of ACE's and their impact on young children, their families, and the field of early childhood education. The 201-Level ACE Institute training for Child Care Providers and Educators is the second training in a series designed to broaden the awareness of the effects of ACE's. This workshop begins to unpack science-aligned interventions for both children and adults to create regulated spaces in child care programs. Providers will practice the key relational skills of co-regulation and reframing of behavior to strengthen a provider's response to children's stress behavior.

Cost: Free

OCFS Category: 1, 3, 10



AUGUST TRAININGS

Training Title	Date	Location	OCFS Training Categories										
			1	2	3	4	5	6	7	8	9	10	
STEM in the Classroom	8/6	Johnson City			X								
Promoting Infant and Toddler Physical Activity	8/13	Johnson City	X		X								
CPR/First Aid/ AED	8/19	Binghamton				X							
CACFP Y24	8/20	Tioga County		X				X					
Foundations in Healthy Sexual Development: Infant and Toddler	8/22	Virtual	X						X				
Protecting Children Against Trauma, Abuse, Neglect, and Traumatic Brain Injury	8/27	Johnson City							X		X		
Director Health & Safety	8/12, 8/13, 8/14, 8/15, 8/16	Virtual						X		X	X		

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QUALITYstarsNY Categories:

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- Obesity Prevention Training (PH 6)
- Supporting English Language Learners (FIS 9 / FIS 10)

AUGUST TRAININGS

BROOME

STEM in the Classroom Rachel Dowd

August 6 from 5:30PM to 7:00PM

Cherry St, Johnson City

STEM is important in early childhood education because it can promote ongoing future academic success. Most classrooms already use STEM concepts, they just aren't emphasized. Integrating STEM into your classroom can be fun, even if you're not an expert. During this training you will learn fun new STEM activities to include in your classroom.

Cost: Free

OCFS: 3

Promoting Infant and Toddler Physical Activity Cortney Nornhold

August 13 from 6:00PM to 8:00PM

Cherry St, Johnson City

This is a training on the importance of physical activity and movement for infants and toddlers. It focuses on how children's bodies and minds grow together, and how providers can encourage the development of both when working with children to help them engage with the world around them.

Cost: Free

OCFS: 1, 3

CPR/First Aid/ AED Cathy Lee

August 19 from 5:30PM to complete

Fayette St, Binghamton

This is an instructor-led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario based video segments or slide presentation, followed by demonstration of skills and the opportunity for instructor facilitated student practice. CPR/AED and First Aid skills will be taught and practiced as they relate to adults, children and infants. Participants will be able to perform effective CPR, use an AED and be trained in basic first aid techniques. Space is limited.

Cost: \$80 per person or

EIP/Voice Scholarships

Group discounts are

available

OCFS Category: 4

***Registration: MUST call

to register

Protecting Children Against Trauma, Abuse, Neglect, and Traumatic Brain

Injury Allie Drake

August 27 from 6:30PM to 8:30PM

Cherry St, Johnson City

This training will help participants understand the importance of protecting children. As a childcare provider you have a relationship with both children and their families. This training will discuss how this can be useful in detecting abuse or neglect of children in your care. This training will also discuss shaken baby syndrome or traumatic brain injury and the severity of it.

Cost: Free

OCFS Category: 6, 8



AUGUST TRAININGS

TIOGA

CACFP Y24 Cathy Lee

August 20 from 6:00PM to 8:00PM

Tioga County Hickories Park

This training session will review annual requirements for participating in the CACFP (Child and Adult Food Care Program) for those who already have basic knowledge of the program. Participants will become familiar with all procedures needed to successfully manage their food program in order to obtain the highest possible reimbursement for healthy meals served to children in their care. This program includes updates for the year 2024 and encourages participant interaction.

Cost: Free

OCFS Category: 2, 5



VIRTUAL

Health and Safety for Directors Leslie Vermaat

August 12, 13, 14, 15, 16 (5 Day Series) from 8:30AM - 11:30AM

Virtual

Directors are responsible for hiring, training, and maintaining staff who provide a healthy and safe environment for children. This 15- hour course will help CCC/SACC directors look at policies and procedures that reinforce high quality health and safety practices. Directors will receive in-depth information from Caring for Our Children, the national standard of Best Practice, and will be encouraged to examine their policies in order to make positive changes that promote best practice care.

Cost: \$250

OCFS Category: 5, 7, 8

***Registration:

www.ecetp.pdp.albany.edu

Foundations in Healthy Sexual Development: Infant and Toddler Cortney

Nornhold

August 22 from 5:30PM to 8:30PM

Virtual

This training focuses on supporting the development of healthy relationships and secure attachments. This training is designed to target the actions of caregivers and the interactions with infants and toddlers - and how those interactions affect healthy relationship development.

Cost: Free

OCFS Category: 1, 6

SEPTEMBER TRAININGS

Training Title	Date	Location	OCFS Training Categories										
			1	2	3	4	5	6	7	8	9	10	
Infant Toddler Playing with Loose Parts	9/5	Owego			X								
Use Your Words: Using Appropriate Techniques to Manage Your Classroom	9/10	Johnson City	X		X								
Keeping Children Safe	9/12	Virtual				X	X		X				
CPR/First Aid/ AED	9/16	Binghamton				X							
Welcome Back to School	9/17	Johnson City	X		X								
Gardening Step by Step	9/17	Binghamton		X	X								
FLIP IT	9/28	Virtual											

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QUALITYstarsNY Categories:

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- Curriculum Planning & Implementation (CPI 6)
- Environmental Rating Scales (ERS) Training (HE 1 / CE1)
- Obesity Prevention Training (PH 6)
- Supporting English Language Learners (FIS 9 / FIS 10)

SEPTEMBER TRAININGS

BROOME

Use Your Words: Using Appropriate Techniques to Manage Your

Classroom Rachel Dowd

September 10 from 6:00PM to 7:30PM

Cherry St, Johnson City

In this training we will discuss different classroom management ideas that help control the chaos without, unsuccessfully, asking our children to stay silent. Learn the benefits of call and response, songs, and other ideas to create a calmer classroom!

Cost: Free

OCFS Category: 1, 3

CPR/First Aid/ AED Cathy Lee

September 16 from 5:30PM to complete

Fayette St, Binghamton

This is an instructor-led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario based video segments or slide presentation, followed by demonstration of skills and the opportunity for instructor facilitated student practice. CPR/AED and First Aid skills will be taught and practiced as they relate to adults, children and infants. Participants will be able to perform effective CPR, use an AED and be trained in basic first aid techniques. Space is limited.

Cost: \$80 per person or

EIP/Voice Scholarships

Group discounts are

available

OCFS Category: 4

***Registration: MUST call

to register

Welcome Back to School Allie Drake

September 17 from 6:30PM to 8:00PM

Cherry St, Johnson City

This training will help participants develop skills to better prepare for new students in their classroom in the beginning of the school year. Ideas for activities that build skills for social emotional learning, language, mathematics, phonemic awareness, and letter recognition. Participants will discuss ideas with other teachers to build on the knowledge they all have. Activities and handouts will be provided to help build a successful school year.

Cost: Free

OCFS Category: 1, 3

QSNY Standard: CPI6

Gardening Step by Step Cathy Lee

September 17 from 6:00PM to 7:30PM

Fayette St, Binghamton

Get a head start on your ideas for a Spring Garden! This training introduces participants to seven types of gardens which may be a good fit in various early care and education settings. Basic gardening concepts are covered including hardiness zones, planting dates, soil needs, fertilizer, selecting plants, starting from seeds and pests and pollinators.

Cost: Free

OCFS Category: 2, 3

Tioga

Infant Toddler Playing with Loose Parts Cortney Nornhold

September 5 from 6:00PM to 8:00PM

Taylor Rd, Owego

This workshop will define "what are loose parts". Participants will have the opportunity to see how loose parts promote learning and development. We will explore how children benefit from play environments with loose parts.

Cost: Free

OCFS Category: 3

SEPTEMBER TRAININGS

Virtual

FLIP IT: Transforming Challenging Behavior in Young Children Rachel

Dowd

September 28 from 9:00AM to 12:00PM

Virtual

Behaviors are feelings asking to be understood. When children use, frustrated and even hopeless. Teachers, caregivers and parents are always looking for ways to support children through difficult feelings and toward healthy ways of coping. The FLIP IT strategy offers a simple, kind, strength-based, commonsense and effective four-step process for day-to-day challenges and challenging moments with children. This training teaches participants the four supportive steps of FLIP IT that are designed to help young children (ages 3-8) learn about their feelings, gain self-control, and reduce challenging behavior. The four steps are embodied in the FLIP mnemonic: F - Feelings, L - Limits, I - Inquiries, P - Prompts. This strategy is nothing new, but transforms best practice into something that is easy to remember, applicable in a variety of challenging situations, and portable. The purpose of this training is to enhance our understanding of the factors that contribute to children's use of challenging behavior, review this evidence-based and practical strategy for reducing instances of challenging behavior and introduce a variety of learning tools to teach and support the FLIP IT strategy

Cost: Free

Keeping Children Safe Leslie Vermaat

September 12 from 6:30PM to 8:30AM

Virtual

We'll review basic safety procedures, regulations pertaining to safety, and how to record and report incidents to OCFS. We will also also tackle the new research and standards for safety issues such as head injuries, anaphylaxis, outdoor safety, emergency prodecures, and any other safety concerns that may be keeping you up at night! Bring your questions and get more peace of mind as you keep your safety standards high.

Cost: \$70

***EIP/Voice

Scholarships/Group

Discounts available

OCFS Category: 4, 5, 7

***Registration: MUST call
to register

**DON'T SEE WHAT YOU
NEED?
CLICK HERE OR SCAN
TO LET US KNOW!**



ADDITIONAL INFORMATION

FAMILY ENRICHMENT NETWORK OFFICE LOCATIONS

Binghamton
29 Fayette St

Johnson City
24 Cherry St

Norwich
22 E Main St
(in The Place)

Owego
1277 Taylor Rd
(in the Abide in
the Vine building)

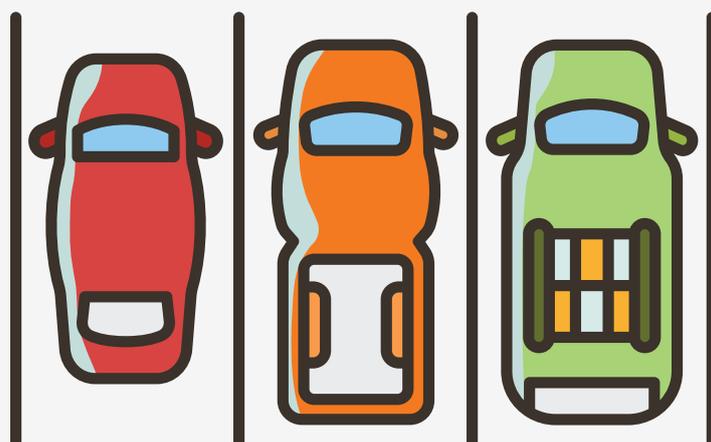
Parking Information

Johnson City: If you are coming to a training in the evening or the weekend, please use the visitor parking lot on the right side of the building in Johnson City, or park on the street. Please do not park in the fenced-in bus and employee parking lot.

Binghamton: You can park on the same side of the street as our building. (We no longer rent parking in the lot across the street, so parking there is at your own risk.)

Owego: The entrance to the building is on the left side and parking is available in that area.

Norwich: You can park in the public parking lot (off Main St, turn into Theatre Lane to parking lot, or off Broad Street turn into the ally way next to the movie theater to access the parking lot).



TRAINING POLICIES AND INFORMATION

**** Registration Information ****

You must register for trainings two weeks prior to the date. All EIP paperwork, FEN scholarship paperwork, VOICE/CSEA number, and/or payments must be received to be considered registered. You must notify us of any scholarship submission. Your training enrollment is pending until we receive any scholarship award notification, so you need to apply early! You are not registered for a training at FEN unless you contact us! Please make all checks payable to Family Enrichment Network, Inc.

**** EIP Information ****

Scholarship funding to participate in training may be available through the Educational Incentive Program (EIP). EIP is a voluntary scholarship program and may be available to help cover the costs of trainings. Please apply for EIP at www.ecetp.pdp.albany.edu. We do not want EIP applications or a copy of your income taxes. We only need proof of EIP eligibility (for example, approval letter, denial letter). If you are 100% eligible for EIP funding, you do not have to pay a co-pay. If you are 75% eligible for EIP, you will need to pay the remaining balance due. For more information or to apply for a scholarship, please visit www.ecetp.pdp.albany.edu. You may also contact EIP at eip@albany.edu or 800-295-9616 or 518-442-6575.

*Apply early, as funding is limited and could run out.

**** CSEA VOICE Information ****

Family Enrichment Network is an approved training organization with CSEA/VOICE. Scholarship funding may be available for family, group family, and legally exempt providers. Visit voiccecsea.org to obtain a CSEA ID and for more information.

**** FEN Scholarship ****

A FEN Scholarship may be available to help you cover the training cost. Proof of income will be reviewed, as well as program financial information. Economic hardships will be evaluated on an individual basis. MAT, Fall Conference, CPR/First Aid, and CDA. The FEN Scholarship is designed for single, evening classes. Call Crystal for more information.

**** Refund Policy ****

All trainings, conferences and/or workshops are NON-Refundable, unless cancelled by us.

**** Cancellations ****

We reserve the right to cancel trainings if fewer than 3 people are registered, or in case of inclement weather. If you are registered, you will be contacted in the case of a cancellation. If you are unable to attend a training you are registered for, please cancel your registration by calling 723-8313 ext. 829.

**** Inclement Weather ****

If Family Enrichment Network closes the agency for all programs because of inclement weather, all trainings are also cancelled. To find out if the agency has closed, call the main number and listen to the message at (607) 723-8313.

**** Accessibility ****

In Johnson City, the front doors do lock after the trainings begin. Please arrive on time. The Fayette St. door is locked at all times. Please ring the bell for access. Be patient as staff need to come down stairs to open the door.

**** Accommodations ****

If you require special accommodations please reach out to our staff to discuss how we can best meet your needs.

**** Training Certificates ****

Training certificates will be distributed at the training if you registered and paid in advance. If you are not registered for a training, but walk in, a training certificate will be provided upon completion of class AND after payment is received. There will be a \$5.00 charge for duplicate training certificates requested. You must complete the entire training in order to receive training credit. There is no option to take a partial training.

**** Children ****

To respect the professional training of others, please do not bring children to the trainings. There is no child care available and you will be asked to leave.

**** Training Etiquette ****

Please be respectful of others by turning your cell phone to vibrate and limiting talking to that which is appropriate to the training.

