

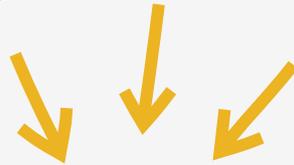


# PROFESSIONAL DEVELOPMENT TRAINING CALENDAR

April - June 2024

YOUR ONE-STOP-SHOP FOR 2024 TRAINING  
OPPORTUNITIES IN BROOME, CHENANGO,  
AND TIOGA COUNTIES

SIGN UP HERE!



[Click here to sign up!](#)

FOR MORE INFORMATION CALL:

(607) 723-8313 ext. 825 or 1-800-281-8741

# MEET OUR STAFF!

We are ready to meet your training needs with our knowledgeable and highly experienced trainers



**LESLIE VERMAAT**

Leslie first started working at the Family Enrichment Network when it was called the Broome County Child Development Council, as a School-Age Child Care Specialist. That was back in the days when many SACC programs were just getting started. Since then, she has changed her focus a bit, and has worked as an Early Childhood Trainer - teaching and training teachers and child care providers. Leslie is a NYS Certified Health and Safety Trainer for providers and child care centers. She also has been a Credentialed NYS Training and Technical Assistance Specialist since 2012. Leslie has a special interest in children's mental health and has been a Licensed Mental Health Counselor for over 10 years. Leslie and Ernie, her Sheltie, can be seen walking the woods near her house. She also enjoys reading, antiques, music, and getting together with her friends and family.



**CATHY LEE**

Cathy has been providing adult professional development training, wellness classes and CPR for most of her career. She has also had the opportunity to teach children in Head Start classes at Family Enrichment Network. Health and Wellness is her area of expertise and is a personal passion. Her background includes a Master's Degree in Public Administration from Penn State and certifications in Personal Training, Pilates and Group Exercise. She is certified through NYAEYC and ASPIRE as Content Specialist and through National CACFP as a CACFP Child Nutrition Professional. She also holds a certification in Early Childhood Outdoor Learning Environments from North Carolina State University. It is important to keep up with new developments in the field, so she is always increasing her knowledge by attending training programs sponsored by various organizations. It is her goal to continuously offer new, updated and enjoyable classes that will enhance and strengthen early childhood education.



**CORTNEY NORNHOLD**

Cortney has built her career around being an advocate for children and supporting families. Her vision is to foster children's love of learning, to encourage them to try new and exciting things, and to give them a solid foundation to build on. In 2013, Cortney received her degree in early childhood education. In 2022, She earned her T-TAP training credential and her PITC certification. In April of 2023, she became a Pyramid Model Master Cadre trainer. Cortney offers many different trainings throughout the year and teaches the CDA class. When she is not working, she loves to spend time with her three children. Her hobbies include hiking, painting, crocheting, jigsaw puzzles, and playing board games.

# MEET OUR STAFF!

We are ready to meet your training needs with our knowledgeable and highly experienced trainers



**ERICA HAZARD**

Erica is a mother of 6 and Nonni to two beautiful grandbabies; Londyn and Westyn. I was an Infant toddler teacher and an Early Head start family support worker prior to coming to CCR&R. She works in the Chenango office in Norwich. Erica is a huge believer and follower of the RIE philosophy and even used it with her own children. She has been in the child development and daycare related fields for about 10 years. She is currently a trainer for CCR&R holding monthly training sessions in the Chenango office on a variety of topics.



**RACHEL DOWD**

Rachel graduated from Ithaca College in 2017 with a degree in psychology where she found a love for and interest in child development. She spent the first few years after college working at Racker Centers in Ithaca, honing her skills and developing a passion for special education and childcare, while also working as a coach for the Ithaca College women's crew team. Since then she has been working in special education programs and preschool programs while spending her free time coaching college and youth rowing. She is now a T-TAP credentialed trainer for FEN. When she's not at work Rachel enjoys hiking, exploring, and reading books ranging from cheesy romance to magical fantasy. She also loves spending time with her wonderful fiancé, Emily, and their three cats and five rats!



**ALLIE DRAKE**

Allie started at FEN October 2023. She has been in childcare for the last six years mainly working in UPK through both Vestal and Binghamton School district, but she also has experience with all ages. She found she had a passion working with children and decided to pursue my masters in developmental psychology with an ultimate goal in helping children. Allie loves learning new things as well as educating others. In her free time she loves spending time with her friends, board games are her go-to activity. She also loves spending time with her family, including their two-year-old Labrador retriever!

# APRIL TRAININGS

Training Title	Date	Location	OCFS Training Categories										
			1	2	3	4	5	6	7	8	9	10	
CPR/First Aid/ AED	4/15	Binghamton				X							
Watch Me! Celebrating Milestones & Sharing Concerns	4/15	Norwich	X		X								
CACFP Y24	4/16	Binghamton		X			X						
Provider Talk: Trauma and Resiliency	4/17	Norwich											X
ACEs 101	4/18	Virtual											X
Simplifying Transitions	4/23	Binghamton	X		X								
STEM in the Classroom	4/24	Johnson City			X								
Health and Safety for Providers	April 23, 25, 30	Johnson City		X		X	X	X				X	

### Office of Children and Family Services (OCFS) Categories:

- 1 - Principles of Childhood Development
- 2 - Nutrition & Health Needs of Children
- 3 - Child Day Care Program Development
- 4 - Safety & Security Procedures
- 5 - Business Record Maintenance & Mgmt.
- 6 - Child Abuse & Maltreatment Identification/Prevention
- 7 - Statutes & Regulations Pertaining to Child Day Care
- 8 - Statutes & Regulations Pertaining to Child Abuse
- 9 - Education & Prevention of Shaken Baby Syndrome
- 10 - Adverse childhood experiences, trauma & resiliency

# APRIL TRAININGS

## BROOME

### **CPR/First Aid/ AED** Cathy Lee

April 15 from 5:30PM - Complete

Fayette St, Binghamton

*This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario based discussions followed by demonstration of skills and the opportunity for instructor facilitated student practice. CPR/AED and First Aid skills will be taught and practiced as they relate to Adults, Children and Infants. Participants will be able to perform effective CPR, use an AED and be trained in basic first aid techniques. Class size is limited.*

Cost: \$80 per person or  
EIP/Voice Scholarships  
Group discounts are  
available  
OCFS Category: 4  
\*\*\*Registration:  
MUST call to register

### **CACFP Y24** Cathy Lee

April 16 from 6:00 PM - 7:30 PM

Fayette St, Binghamton

*This training session will review annual requirements for participating in the CACFP (Child and Adult Food Care Program) for those who already have basic knowledge of the program. Participants will become familiar with all procedures needed to successfully manage their food program in order to obtain the highest possible reimbursement for healthy meals served to children in their care. This program includes updates for the year 2024 and encourages participant interaction.*

Cost: Free  
OCFS Category: 1, 3  
QSNY Standard: COA-8

### **Simplifying Transitions** Allie Drake

April 23 from 6:00PM - 7:30PM

Fayette St, Binghamton

*This training will provide the necessary tools for making transitions easier for students and caretakers. Transitions are one of the most common times of unwanted behaviors, but it doesn't have to be that way. This training describes different ways in which to make transitions run smoothly.*

Cost: Free  
OCFS Category: 1, 3

### **STEM in the Classroom** Rachel Dowd

April 24 from 6:00 PM - 7:30 PM

Cherry St, Johnson City

*STEM is important in early childhood education because it can promote ongoing future academic success. Most classrooms already use STEM concepts, they just aren't emphasized. Integrating STEM into your classroom can be fun, even if you're not an expert. During this training you will learn fun new STEM activities to include in your classroom.*

Cost: Free  
OCFS Category: 3

# APRIL TRAININGS

## **Health and Safety for Providers** Leslie Vermaat

April 23, 25, 30 from 8:00AM - 2:00PM

Cherry St, Johnson City

*3 Day Series: This competency based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion is required for all new group and family child care providers prior to becoming licensed or registered, as well as existing providers who change location or modality. You must register with both SUNY PDP and FEN for this training.*

Cost: \$250

OCFS Category: 2, 4, 5, 6,  
7, 9

Registration:

[www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu)

## CHENANGO

### **Watch Me! Celebrating Milestones & Sharing Concerns** Cortney

Nornhold

April 15 from 6:00PM - 8:00PM

The Place, Norwich

*This workshop increases participants' knowledge around developmental milestones and early identification with activities, resources, and materials. This training is part of the CDC's Learn the Signs, Act Early Campaign.*

Cost: Free

OCFS Category: 1, 3  
QSNY Standard: COA-8

### **Provider Talk: Trauma and Resiliency** Erica Hazard

April 17 from 6:00PM - 7:30PM

The Place, Norwich

*We all have trauma either from our childhood or in our adulthood of some sort. Learn how to be in tune with the children you care for and how we can help them when the trauma arises.*

Cost: Free

OCFS Category: 10  
QSNY Standard: COA 8, CE 1

## VIRTUAL

### **ACEs 101** Rachel Dowd

April 18 from 5:30 PM - 8:30 PM

Virtual

*The purpose of this training is to increase the participants' knowledge and understanding of fundamental Adverse Childhood Experiences (ACE) research. Learn about how the brain development of young people is affected by ACE's and how it can affect a classroom setting. This is the first of four ACE's trainings available and is the first step towards understanding ACE's*

Cost: Free

OCFS Category: 10



# MAY TRAININGS

Training Title	Date	Location	OCFS Training Categories											
			1	2	3	4	5	6	7	8	9	10		
Curriculum Modifications for Infants and Toddlers	5/6	Johnson City	X		X									
Caregiver Wellness and Wellbeing	5/14	Johnson City			X									
Rethinking Circle-Time	5/16	Binghamton	X		X									
Provider talk: Respectful Teaching	5/22	Norwich	X											X
CACFP Y24 Chenango County	5/29	Norwich		X				X						
CPR/First Aid/ AED	5/30	Binghamton				X								
Health and Safety for Directors	May 7, 9, 14, 16, 21	Virtual	X	X	X	X	X	X	X				X	

### Office of Children and Family Services (OCFS) Categories:

- 1 - Principles of Childhood Development
- 2 - Nutrition & Health Needs of Children
- 3 - Child Day Care Program Development
- 4 - Safety & Security Procedures
- 5 - Business Record Maintenance & Mgmt.
- 6 - Child Abuse & Maltreatment Identification/Prevention
- 7 - Statutes & Regulations Pertaining to Child Day Care
- 8 - Statutes & Regulations Pertaining to Child Abuse
- 9 - Education & Prevention of Shaken Baby Syndrome
- 10 - Adverse childhood experiences, trauma & resiliency

# MAY TRAININGS

## BROOME

### **Curriculum Modifications for Infants and Toddlers** Cortney Nornhold

May 6, 6:00PM - 8:00PM

Cherry St, Johnson City

*Do you have an infant or toddler who could benefit from individualized support? What is curriculum modification? This workshop will explore the purpose and uses of curriculum modifications.*

Cost: Free

OCFS: 1, 3

QSNY Standard: COA-8

### **Caregiver Wellness and Wellbeing** Rachel Dowd

May 14 from 6:00 PM - 7:30 PM

Cherry St, Johnson City

*We all know we should "put our own oxygen mask on before helping others" but that doesn't mean that teachers do it. As teacher's we prioritize others all day long, often putting our own needs last. In this training we will discuss our own wellbeing and how we can take care of ourselves while in a caretaker role.*

Cost: Free

OCFS Category: 3

### **Rethinking Circle-Time** Allie Drake

May 16 from 6:00PM - 8:00PM

Fayette St, Binghamton

*Introducing new ideas of what circle time should look like. How long circle time should be, how to keep the children engaged. How to get children to listen better, including fingerplays, movement, interactive activities. This training will also discuss how to include all children in circle time.*

Cost: Free

OCFS Category: 1, 3

### **CPR/First Aid/ AED** Cathy Lee

May 30 from 5:30PM - Complete

Fayette St, Binghamton

*This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario based discussions followed by demonstration of skills and the opportunity for instructor facilitated student practice. CPR/AED and First Aid skills will be taught and practiced as they relate to Adult, Children and Infants. Participants will be able to perform effective CPR, use an AED and be trained in basic first aid techniques. Class size is limited.*

Cost: \$80 per person or

EIP/Voice Scholarships

Group discounts are

available

OCFS Category: 4

\*\*\*Registration:

MUST call to register



# MAY TRAININGS

## CHENANGO

### **CACFP Y24 - Chenango County** Cathy Lee

May 29 from 6:00PM - 7:30PM

Guernsey Memorial Library - 3 Court Street, Norwich

*This training session will review annual requirements for participating in the CACFP (Child and Adult Food Care Program) for those who already have basic knowledge of the program. Participants will become familiar with all procedures needed to successfully manage their food program in order to obtain the highest possible reimbursement for healthy meals served to children in their care. This program includes updates for the year 2024 and encourages participant interaction.*

Cost: Free

OCFS Category: 2, 5

### **Provider Talk: Respectful Teaching** Erica Hazard

May 22 from 6:00PM - 7:30PM

The Place, Norwich

*How do we teach children what respect looks like? How do children interpret the things we do?*

Cost: Free

OCFS Category: 1, 10

QSNY Standard: CE 1, CPI 6



## VIRTUAL

### **Health and Safety for Directors** Leslie Vermaat

May 7, 9, 14, 16, 21 from 8:30AM - 11:30AM

Virtual

*Directors are responsible for hiring, training, and maintaining staff who provide a healthy and safe environment for children. This 15-hour course will help directors look at policies and procedures that reinforce high quality health and safety practices. Directors will receive in-depth information on the CCDBG training requirements and will be encouraged to examine their policies in order to make positive changes that promote best practice care.*

Cost: \$250

OCFS Category: 1, 2, 3, 4, 5,  
6, 9

Registration:

[www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu)

# JUNE TRAININGS

Training Title	Date	Location	OCFS Training Categories										
			1	2	3	4	5	6	7	8	9	10	
Addressing Challenging Behavior with Young Children	6/10	Owego	X		X								
Milestones and Developmental Domains	6/11	Johnson City	X		X								
Provider talk: Child Abuse	6/12	Norwich					X	X		X			
Oh, What a Thrill	6/24	Virtual	X		X	X							
ADHD and Sensory Processing Disorders in the Classroom	6/25	Binghamton	X		X								
CPR/First Aid/ AED	6/27	Binghamton				X							

### Office of Children and Family Services (OCFS) Categories:

- 1 - Principles of Childhood Development
- 2 - Nutrition & Health Needs of Children
- 3 - Child Day Care Program Development
- 4 - Safety & Security Procedures
- 5 - Business Record Maintenance & Mgmt.
- 6 - Child Abuse & Maltreatment Identification/Prevention
- 7 - Statutes & Regulations Pertaining to Child Day Care
- 8 - Statutes & Regulations Pertaining to Child Abuse
- 9 - Education & Prevention of Shaken Baby Syndrome
- 10 - Adverse childhood experiences, trauma & resiliency

# JUNE TRAININGS

## BROOME

### **ADHD and Sensory Processing Disorders in the Classroom** Allie Drake

June 25 from 6:00PM - 7:30PM

Fayette St, Binghamton

*This training will introduce participants to signs seen in ADHD and sensory processing disorders that might be seen in the classroom. This training will give participants tips and tricks to make the classroom more inclusive to all learners.*

Cost: Free

OCFS Category: 1, 3

### **CPR/First Aid/ AED** Cathy Lee

June 27 from 5:30PM - Complete

Fayette St, Binghamton

*This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario based discussions followed by demonstration of skills and the opportunity for instructor facilitated student practice. CPR/AED and First Aid skills will be taught and practiced as they relate to Adult, Children and Infants. Participants will be able to perform effective CPR, use an AED and be trained in basic first aid techniques. Class size is limited.*

Cost: \$80 per person or  
EIP/Voice Scholarships  
Group discounts are  
available

OCFS Category: 4

\*\*\*Registration:

MUST call to register

### **Milestones and Developmental Domains** Rachel Dowd

June 11 from 6:00PM - 7:30PM

Cherry St, Johnson City

*During this training we will discuss child development, specifically the developmental domains. We will then talk about developmental milestones, their importance, and how you can monitor for them in your classroom. We will discuss the difference between monitoring and screening and when these tools can be used.*

Cost: Free

OCFS Category: 1, 3

QSNY Standard: COA 6 /

COA 8



## Chenango

### **Provider Talk: Child Abuse** Erica Hazard

June 12 from 6:00PM - 7:30PM

The Place, Norwich

*Unsure when and how to recognize abuse. This training will put those things in perspective to be able to help the children in our care.*

Cost: Free

OCFS Category: 5, 6, 8

QSNY Standard: CE1, COA 8

# JUNE TRAININGS

## Tioga

### **Addressing Challenging Behavior with Young Children** Cortney

Nornhold

June 10, 6:00PM - 8:00PM

Taylor Rd, Owego

*Challenging behaviors can derail a perfectly planned day. This workshop will focus on how to look beyond the behavior. Participants will explore different ways to address challenging behaviors they may see in their program. They will explore tips and strategies that can lead to smoother days with young children.*

Cost: Free

OCFS Category: 1, 3

## Virtual

### **Oh, What a Thrill** Cortney Nornhold

June 24, 6:00PM - 8:00PM

Virtual

*Research shows children have an instinctual need to test their bodies and minds. In fact, many children thrive when they are able to overcome obstacles to become confident and capable learners. In this workshop, participants will define the six categories of risky play, identify the benefits of such play, and brainstorm activities to safely allow children to take risks in their programs.*

Cost: Free

OCFS Category: 1, 3, 4



**DON'T SEE WHAT  
YOU NEED?  
LET US KNOW!**



# ADDITIONAL INFORMATION

## FAMILY ENRICHMENT NETWORK OFFICE LOCATIONS

**Binghamton**  
29 Fayette St

**Johnson City**  
24 Cherry St

**Norwich**  
22 E Main St  
(in The Place)

**Owego**  
1277 Taylor Rd  
(in the Abide in  
the Vine building)

## Parking Information

**Johnson City:** If you are coming to a training in the evening or the weekend, please use the visitor parking lot on the right side of the building in Johnson City, or park on the street. Please do not park in the fenced-in bus and employee parking lot.

**Binghamton:** You can park on the same side of the street as our building. (We no longer rent parking in the lot across the street, so parking there is at your own risk.)

**Owego:** The entrance to the building is on the left side and parking is available in that area.

**Norwich:** You can park in the public parking lot (off Main St, turn into Theatre Lane to parking lot, or off Broad Street turn into the ally way next to the movie theater to access the parking lot).

## CCR&R Contact Information

**607-723-8313**

**Leslie Vermaat:** *Training and Technical Assistance Specialist* [ljvermaat@familyenrichment.org](mailto:ljvermaat@familyenrichment.org) x884

**Cathy Lee:** *Health and Wellness Coordinator* [cjlee@familyenrichment.org](mailto:cjlee@familyenrichment.org) x824

**Cortney Nornhold:** *Infant Toddler Specialist* [cnornhold@familyenrichment.org](mailto:cnornhold@familyenrichment.org) x1187

**Erica Hazard:** *Chenango CCR&R Specialist* [ehazard@familyenrichment.org](mailto:ehazard@familyenrichment.org) x1522

**Rachel Dowd:** *Training and Coaching Specialist* [rdowd@familyenrichment.org](mailto:rdowd@familyenrichment.org) x894

**Allie Drake:** *Training and Coaching Specialist* [adrake@familyenrichment.org](mailto:adrake@familyenrichment.org) x1620

**Crystal Rozelle:** *CCR&R Assistant Specialist* [crozelle@familyenrichment.org](mailto:crozelle@familyenrichment.org) x825

**Jennifer Perney:** *CCR&R Director* [jperney@familyenrichment.org](mailto:jperney@familyenrichment.org) x872

# TRAINING POLICIES AND INFORMATION

## **\*\* Registration Information \*\***

You must register for trainings two weeks prior to the date. All EIP paperwork, FEN scholarship paperwork, VOICE/CSEA number, and/or payments must be received to be considered registered. You must notify us of any scholarship submission. Your training enrollment is pending until we receive any scholarship award notification, so you need to apply early! You are not registered for a training at FEN unless you contact us! Please make all checks payable to Family Enrichment Network, Inc.

## **\*\* EIP Information \*\***

Scholarship funding to participate in training may be available through the Educational Incentive Program (EIP). EIP is a voluntary scholarship program and may be available to help cover the costs of trainings. Please apply for EIP at [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu). We do not want EIP applications or a copy of your income taxes. We only need proof of EIP eligibility (for example, approval letter, denial letter). If you are 100% eligible for EIP funding, you do not have to pay a co-pay. If you are 75% eligible for EIP, you will need to pay the remaining balance due. For more information or to apply for a scholarship, please visit [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu). You may also contact EIP at [eip@albany.edu](mailto:eip@albany.edu) or 800-295-9616 or 518-442-6575.

\*Apply early, as funding is limited and could run out.

## **\*\* CSEA VOICE Information \*\***

Family Enrichment Network is an approved training organization with CSEA/VOICE. Scholarship funding may be available for family, group family, and legally exempt providers. Visit [voiccecsea.org](http://voiccecsea.org) to obtain a CSEA ID and for more information.

## **\*\* FEN Scholarship \*\***

A FEN Scholarship may be available to help you cover the training cost. Proof of income will be reviewed, as well as program financial information. Economic hardships will be evaluated on an individual basis. MAT, Fall Conference, CPR/First Aid, and CDA. The FEN Scholarship is designed for single, evening classes. Call Crystal for more information.

## **\*\* Refund Policy \*\***

All trainings, conferences and/or workshops are NON-Refundable, unless cancelled by us.

## **\*\* Cancellations \*\***

We reserve the right to cancel trainings if fewer than 3 people are registered, or in case of inclement weather. If you are registered, you will be contacted in the case of a cancellation. If you are unable to attend a training you are registered for, please cancel your registration by calling 723-8313 ext. 825.

## **\*\* Inclement Weather \*\***

If Family Enrichment Network closes the agency for all programs because of inclement weather, all trainings are also cancelled. To find out if the agency has closed, call the main number and listen to the message at (607) 723-8313.

## **\*\* Accessibility \*\***

In Johnson City, the front doors do lock after the trainings begin. Please arrive on time. The Fayette St. door is locked at all times. Please ring the bell for access. Be patient as staff need to come down stairs to open the door.

## **\*\* Accommodations \*\***

If you require special accommodations please reach out to our staff to discuss how we can best meet your needs.

## **\*\* Training Certificates \*\***

Training certificates will be distributed at the training if you registered and paid in advance. If you are not registered for a training, but walk in, a training certificate will be provided upon completion of class AND after payment is received. There will be a \$5.00 charge for duplicate training certificates requested. You must complete the entire training in order to receive training credit. There is no option to take a partial training.

## **\*\* Children \*\***

To respect the professional training of others, please do not bring children to the trainings. There is no child care available and you will be asked to leave.

## **\*\* Training Etiquette \*\***

Please be respectful of others by turning your cell phone to vibrate and limiting talking to that which is appropriate to the training.

