



News & Views

MAY/JUNE, 2016

The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families.

The vision is that all children, adults and families in our service area have the opportunity to grow and develop to their full potential.

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Johnson City
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607.723.8313
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607.724.1748

From the desk of the Executive Director

Our mild winter has passed and we are moving into, what we hope, will be a long, warm spring and summer.

While we move into a new season, it's important to show we provide high quality services in everything we do. This effort includes facility cleanliness and maintenance. We have a list of items we want to complete this year pending funding availability.

Our Owego Head Start site is totally complete and all of our classrooms are 100% enrolled. This is a significant accomplishment. Staff at all levels worked very hard to make that happen.

In the coming months, we will be reviewing our Strategic Plan and analyzing progress over the past year. We are improving our



Darrell Newvine
Family Enrichment Network
Executive Director

We have several projects we are seeking funding for. One is digital archiving. We must find a better way to store information long term. The volume of documents to archive is incredible.

Another pressing issue is that of minimum wage. New York State has increased the minimum wage for upstate to \$12.50 per hour to be fully implemented in 2020. We are diligently working with state and federal representatives to find ways to fund this. It will be a challenge.

We look forward to another exciting and busy year.

communication methods with the public. We hired a part time communications coordinator and we see progress in that area. We are continually tweaking our web site and making it more user-friendly. We are in the process of conducting our annual employee survey and the results should be available in the near future. We are continuing plans to move more classrooms and expand other programs at Fayette Street. We will keep everyone apprised.



Provider Appreciation Day

May 6, 2016 was Provider Appreciation Day.

Provider Appreciation Day is a special day to recognize and thank the child care work force, which includes family child care providers, child care center teachers, and other educators of young children everywhere.

Child care professionals are truly among the ranks of the unsung heroes in today's society. Child care providers are notoriously underpaid, yet have one of the most important jobs. Early childhood is one of the most critical periods of development in a person's life. With little recognition, early childhood providers make a difference in the lives of children every day. Provider Appreciation Day offers an opportunity to let your child care

provider know how much you appreciate their tireless and dedicated commitment to your child!

Family Enrichment Network did not let this day go by without thanking all of the of special people that make an significant impact on the lives of children every single day. Don't forget to thank the provider who is important to you and your child!

New Providers:

New Child Care Providers Needed!

Family Enrichment Network Child Care Resource and Referral (CCR&R) is in need of child care providers throughout Broome, Chenango, and Tioga Counties. Family child care providers, providing care in your own home, who are registered/licensed with the state, are needed in most areas of these counties.



In New York State, if you provide care in your own home for more than 2 children who are unrelated to you, you **MUST** be registered/licensed with the state or you are providing **ILLEGAL** care.

Family Enrichment Network can help you with starting your child care business! Call today to get information and assistance for opening your own family child care program!

Broome Family Child Care: Latoya Foster

Broome Child Care Center: Little Wonders

Interested in becoming a provider? Call one of the following:

Broome County:

(607) 723-8313

Ext. 889

Chenango County:

(607) 373-3555

Ext. 1522

Tioga County:

(607) 687-6721

Ext. 1186

A Message from the Health Office

UGH! BED BUGS!

Submitted by Michelle
M. Codner, RN, MS

Bed bugs have become a very common problem these days. They are reddish brown, oval and flat, about the size of an apple seed. Bedbugs don't care if where they live is clean or dirty. All they need is a source of blood to eat and plenty of hiding places. During the day, they hide in the cracks and crevices of beds, box springs, headboards and bed frames. They also live happily under peeling paint and loose wallpaper, under carpeting near baseboards, in upholstered furniture seams, and under light switch plates or electrical outlets. Bedbugs don't usually stay on a person after they have eaten, but they might hide in clothes or luggage left nearby on the floor. Then they go wherever you take the clothes or luggage. They can crawl about as fast as a ladybug, so they can easily travel between floors and rooms in hotels or apartment complexes.

Bedbug bites are not painful at first and can go unnoticed for hours or days. They are found most often on the upper body, neck, arms and shoulders. Bedbugs tend to leave straight rows of bites, unlike some other insects that leave bites here and there. Some develop itching, red welts or swelling the day after being bitten. Many people do not react at all to the bite of a bedbug.

Bedbugs do not carry or transmit diseases although the bite may become irritated or infected.

It is hard to find bedbugs, because they are small and mostly come out only at night, but they are not too small to see. Some signs of a bedbug infestation may be found on linens and mattresses. People sometimes roll onto bedbugs while they sleep, leaving bloodstains on the sheets. Live bedbugs leave clusters of dark brown or black spots of dried waste on infested surfaces. Bedbugs also give off a subtle, sweet, stale odor.

Bed bugs are very difficult to get rid of because they can hide away and live for a year without eating. Getting rid of them takes the combined efforts of the homeowner or tenant and landlord and a Pest Control Professional.

The occupant of the home must reduce clutter, especially around the bed. Mattresses should not be on the floor and he/she should make the bed an "island"- not touching the walls on any side. Frequent vacuuming and sealing cracks and crevices with caulk helps. Following the instructions and tips of the Pest Control Professional is the best way to get rid of and prevent bed bug infestation.

It is not shameful to have bed bugs and important not to hide or ignore that you do. Clothes and other articles that must be sent to school or carried to other places should be kept sealed in plastic bags or bins as soon as you bring

them home, to avoid carrying bed bugs to where you are going. Wash clothes and dry for at least 30 minutes in a hot dryer before sealing them in bags. This will help prevent the spread of bed bugs.

The American Academy of Pediatrics, the US Centers for Disease Control and Dr. Richard Pollack, former entomologist for the Harvard School of Public Health and current President and Chief Scientific Officer for IdentifyUS, a service for identifying pests and providing guidance on getting rid of them all state that children should not be excluded from attending school if a bed bug is found on them.

Seeing one or two bed bugs, especially in an environment where there are no mattresses to provide a sleeping person for their food supply does not mean that that environment is infested with them and extermination is not an appropriate action to take under such circumstances.





*Please contact
(607) 723-8313
X 1662
for further
information.*



Medicaid Service Coordination

Did you know:

FEN provides Medicaid Service Coordination???

What is Medicaid Service Coordination?

Medicaid Service Coordination (MSC) assists persons with developmental disabilities and their families in gaining access to services and supports appropriate to their needs. MSC is provided by qualified service coordinators and uses a person-centered planning process in developing, implementing, and maintaining an Individualized Service Plan. Medicaid Service Coordination is a Medicaid-funded program, so there is no

direct cost to you.

Who is eligible for Medicaid Service Coordination?

Adults and children of all ages who meet the legal definition of having an intellectual or developmental disability and live in Broome, Tioga or Chenango County.

How do I apply for Medicaid Service Coordination?

Any individual who is new to MSC, needs to go through the Front Door. OPWDD's Front Door is designed to improve the way people learn about and access available service

options while giving individuals as many opportunities as possible to direct their own service plans. There is a Front Door Team at each OPWDD Regional Office.

The Front Door supports a person-centered approach for people with developmental disabilities which prioritizes individual choices, needs, and desires in making decisions. Once the individual is determined eligible then the process to enroll in MSC can be started.

Did You Know that FEN has:

- **A NOEP Program**
call ext 827 Broome and ext 1190 Tioga
- **A Special Education Services Program**
call ext 883
- **A GED program** *call ext 875*
- **A new Fatherhood Program** *call ext 838*
- **A Kinship Program** *call ext 821*

Employee Spotlight



*“FEN staff
are the heart
of the entire
organization.”*

Nicole Dillon is the CCR&R Coordinator for Chenango County. Nicole has a BA in Psychology, MA in Early Childhood Studies with a concentration on Teaching Adults in the Early Childhood Field and is currently working on her PhD in Education with a concentration on Early Childhood. Nicole’s favorite part of her job here at FEN is training, having a room full of providers and getting them talking about whatever the topic is and bouncing ideas off one another, sharing their experiences and

getting them to the point of listening to one another with an open mind as well as listening to hers. Nicole is a lifelong learner, and even aside from her Doctorate work, loves to have a discussion with anyone who has passion for a topic to learn new things. She also enjoys sharing what she has learned and loves a healthy respectful debate and disagreement.

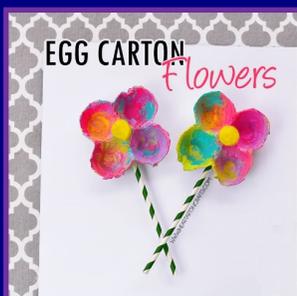
Outside of work, Nicole has three children; Anna is a bubbly, bouncy and sassy 6-year old, Ashley is a responsible and

determined perfectionist 9-year-old and Kyle is the quiet but funny soccer loving 13-year old. When not at FEN or doing doctoral research, Nicole and her kids can be found searching for an adventure. It might be cooking up a new recipe in the kitchen, exploring a hiking path somewhere, picking out new books from the bookstore, googling a random question to spark a discussion or crafting something they found on Pinterest.

Courthouse Children’s Center Activity

“Egg Carton Flowers”

Here is a fun activity to share with your children from the Arts & Craft table at the Courthouse Children’s Center.



You will need:

Egg Carton - Straw - Pom poms - Scissors - Glue

Method:

Cut four containers out of an egg carton.

You can trim the edges to give a rounder shape for the flower petals.

Let your child color or paint or decorate the inside of the egg carton.

Let them glue the egg carton petals to the paper

Let them glue a straw on the paper for the stem. Or draw a stem with a crayon or pencil.

Your child can finish the flower by gluing a pom-pom, cotton ball or small piece of scrunched up tissue in the middle of each flower.

For information about the Courthouse Children’s Center please call

(607) 240-5818

CHOWbus Produce Market

FREE Produce Also Available!

Now at Family Enrichment Network

Cherry Street, Johnson City!

Date: Every Thursday

Time: 2:45 pm to 4:15 pm

Location: Visitor's Parking Lot

Buy: **LOW COST FRUITS & VEGETABLES** Tomatoes, Zucchini, Cucumbers, Carrots, Green Peppers, Garlic, Onions, Yams, Potatoes, Bananas, Oranges, Apples, and the list goes on!

Pay with: Cash, Credit/Debit & EBT cards.

There are no income requirements, the CHOWbus is open to **EVERYONE!**

Have questions: call the CHOWbus @ 607-759-8772

(The schedule may change during the summer school vacation)



Visit us at: familyenrichment.org



Calendar of Events

May

11	6:30pm-7:30pm	Provider Talk: Marketing	Norwich
12	6:30pm-8:30pm	Provider CACFP training: Minding Our Peas and Cues	JC
12	6:30pm-8:30pm	Provider Training: Let's Play Outside	Owego
12	6:30pm-7:30pm	Provider Talk: Marketing	Greene
17	6:30pm-7:30pm	Provider Talk: Marketing	Sherburne
19	6:45pm-9:15pm	Provider Videoconference: Trauma	ALL
21	8:00am-10:00am	Provider Training: A Reasonable Cause to Suspect	Norwich
25	6:30pm-7:30pm	Provider Small Talk: Record Keeping	JC
26	6:30pm-8:30pm	Provider Training: Intro to Conscious Discipline	JC

June

2	6:30pm-8:30pm	Provider Training: What's New/Planning Ahead	Owego
7	6:30pm-8:30pm	Provider Training: Eat Play Grow	JC
8	6:30pm-7:30pm	Provider Talk: School's Out!	Norwich
9	6:30pm-8:30pm	Provider Training: Child Abuse/SBS	Owego
13	6:30pm-7:30pm	Provider Talk: School's Out!	Sherburne
14	6:30pm-7:30pm	Provider Talk: School's Out!	Greene
18	8:00am-10:00am	Provider Training: Who Is In Charge Of Whom	Norwich
22	6:30pm-7:30pm	Provider Small Talk: School's Out!	JC
23	6:45pm-9:15pm	Provider Videoconference: Pyramid Model	ALL



24 Cherry Street
Johnson City, NY
13790



We are a proud sponsor of
Family Enrichment Network,
and the positive changes
they make in our community.

*Thank you
for all you do!*

VISIONS
FEDERAL CREDIT UNION
visionsfcu.org

Advertising Space Available

Space is now available to send your valuable message to OVER 1,000 community members.

“Blocks” approximately 2 1/2” x 3 1/2” are now available, become an advertising partner of Family Enrichment Network for \$15 per year, and receive 3 issues of “free” advertising.

For more information on available space or to set up your ad,
please call Laura at (607) 723-8313 Ext. 815.

*Associates of
Psychotherapy*

Serving Broome & Tioga counties

**Now offering Psychiatric Prescriptions,
Medication Management,
and counseling services.**

**Psychiatric Nurse Practitioner
Counseling for Individuals, Couples/Marital,
Families, Sexuality issues
Child and Adolescent Therapy**

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